

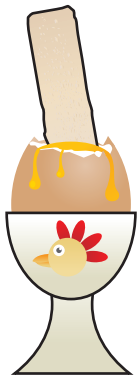
Cooking Eggs

CRACKING  EGGS



Scrambled

Break the egg, add milk, salt and pepper and mix together with a fork. This egg dish needs lots of stirring.



Boiled

Put the egg into a pan of cold water and heat. We often eat this type of egg with toast 'soldiers'.



Fried

Break the egg carefully into a large flat pan with a little oil.



Poached

We often use a special pan with little cups in them to make this type of egg but you can also cook them like this in water and vinegar.